



**1ST  
CANBERRA RETIREMENT & LIFESTYLE EXPO  
EXHIBITION PARK IN CANBERRA  
Flemington Road, Mitchell ACT  
November 25 – 27, 2005**

**HUGE EXPO HAS EVERYTHING FOR OVER 45's  
LOTS OF INFORMATION, EXPERT ADVICE, ENTERTAINMENT AND FUN  
- WE'LL MAKE YOU WELCOME -**



The inaugural Canberra Retirement and Lifestyle Expo is full of great options for retirement living. The Expo will be held at the fabulous Exhibition Park in Canberra from November 25 to 27 with the added benefits for visitors of FREE PARKING and close proximity to public transport.

This large scale event promises to be extremely popular with visitors. IT IS THE BIGGEST EVENT ever staged in Canberra for people 45+ and it serves the specific needs

of people either planning for their retirement or those who have already retired.

Over 100 exhibitors will be taking part in this informative and fun event. Everything you want and need to know about planning for a worry-free retirement and an active fun retirement lifestyle can be found at this Expo.

The Expo also runs annually in both Sydney and Melbourne and has proved to be a resounding success gaining widespread approval and acknowledgement as being a premier consumer event.

They say that retirement is all about GREAT PLACES TO LIVE, GREAT HOLIDAYS TO ENJOY, MONEY IN THE BANK OR INVESTED AND THE GOOD HEALTH TO HAVE IT ALL!

This sums up what the Retirement and Lifestyle Expo is all about – providing visitors with a host of options and choices that will enrich their lifestyles.

The Expo is designed to be very public interactive with **PRODUCT DEMONSTRATIONS, STAGE PERFORMANCES, INFORMATION SEMINARS** and many wonderful features and attractions.

Almost 30% of all Australians are over the age of 45 and there is a continuing trend of a growing mature age population. The Retirement and Lifestyle Expo is a **ONE-STOP SHOP** for not only people seeking advice on issues relating to a happy, active and hassle-free retirement but is equally important to the younger caring families of retirees.

'Retirement' is no longer a dirty word, instead it is now perceived as important and positive. With so many people now needing to plan for their retirement as well as the huge market of those who have already retired, this Expo is not only timely but has significant importance to the wider community.

**FINANCIAL AND INVESTMENT PLANNERS, A VAST VARIETY OF LIFESTYLE VILLAGES AND RESORTS, A HOST OF DOMESTIC AND OVERSEAS HOLIDAY AND TRAVEL OPERATORS, TOURISM DESTINATIONS, TAXATION and LEGAL ADVISORS, GOVERNMENT INFORMATION SERVICES, PROPERTY and FRANCHISE INVESTMENTS, SUPERANNUATION and INSURANCE ADVISORS, HEALTH and NUTRITION EXPERTS, SENIORS INFORMATION SERVICES, SPECIALIST FURNITURE MANUFACTURERS, HEARING SPECIALISTS, SUPPLIERS OF CAMPERVANS and STATE OF THE ART MOTOR HOMES and more ... WILL BE ON HAND TO PROVIDE EXPERT ADVICE TO VISITORS – ALL IN A RELAXED AND FRIENDLY ENVIRONMENT**

### **BE ENTERTAINED IN STYLE!**

There's lots of features and attractions including a **CONTINUOUS SEMINAR PROGRAM** as well as **FABULOUS STAGE ENTERTAINMENT**. Visitors to this year's Expo will be treated to 'side splitting' and hilarious shows from star performer **DENISE DRYSDALE** who will be appearing live on center stage twice daily throughout the Expo. Denise has made special appearances at the Melbourne Expo and was a **HUGE HIT** delighting the audiences.

### **FIND OUT ALL YOU NEED TO KNOW!**

**INFORMATIVE SEMINARS WITH EXPERT SPEAKERS IN THEIR VARIOUS FIELDS** have been specially organised for the benefit of visitors to the Expo. The seminars will be extremely popular because visitors have the opportunity to not only listen to the information and advice being presented, but even more importantly, to ask specific questions.



**CENTRELINK, CLEARVIEW FINANCIAL SOLUTIONS, NATIONAL AUSTRALIA BANK FINANCIAL PLANNING, MARIA SLATER TRAVEL, HELEN KING HEARING CENTRES, DEPARTMENT OF EMPLOYMENT AND WORKPLACE RELATIONS, BLUESTONE EQUITY RELEASE, SCENIC AND EVERGREEN TOURS, HENDERSON MAXWELL INVESTMENT AND RETIREMENT PLANNING, BERESFORDS PERSONAL WEALTH MANAGEMENT and FANTASTIC AUSSIE TOURS** will all be participating in the Seminar Program.

### **GREAT PLACES TO LIVE!**



**RETIREMENT LIFESTYLE VILLAGES and RESORTS** offer an essential alternative lifestyle. All the respected village groups will be represented to explain how people's lives can be significantly enriched through the involvement, companionship and hassle free aspects of village living. The quality of the facilities, ambience and apartments themselves at most of the establishments today equates to semi luxurious. A host of local and interstate operators will be involved.

Whether it be the villages and resorts themselves or the Retirement Village Association, visitors can gain all the information they need. This aspect of the Expo is very popular and provides an excellent opportunity for prospective retirees as well as their extended families to explore the various alternatives together.

## **GREAT HOLIDAYS TO ENJOY!**

An important part of retirement lifestyle is **RECREATION** and **LEISURE** and of course **HOLIDAY** and **TRAVEL** opportunities. Whether it be overseas, interstate or within the ACT many of the choices can be found at the Expo. **INTERNATIONAL TOURISM ORGANISATIONS, OUTBACK and COASTAL AUSTRALIAN DESTINATIONS, INTIMATE GETAWAY RETREATS** and even **SPECIAL INTEREST TOURS** - all the options can be explored at the Expo. Not only the destinations but also all the various convenient **WAYS TO GET THERE** including air, rail, sea and coach travel. Many international and domestic tourism attractions will be represented and travel experts will be on hand to assist visitors with all their holiday and travel dreams.

**THIS EXPO CATERS for the NEEDS OF NOT ONLY EXISTING RETIREES but also THOSE WHO NEED TO PLAN FOR RETIREMENT. In addition, this important event has great SIGNIFICANCE FOR THE CARING YOUNGER FAMILIES OF MATURE AGED PEOPLE and provides a UNIQUE OPPORTUNITY FOR BOTH GROUPS TO CONSIDER AND COMPARE MANY DIFFERENT RETIREMENT LIFESTYLE OPTIONS TOGETHER.**

## **MONEY IN THE BANK OR INVESTED!**

Planning for retirement involves not only lifestyle considerations but important **FINANCIAL OPTIONS** as well. **SUPERANNUATION, TAXATION, INVESTMENT, SHARE PORTFOLIO, INSURANCE** and **BANKING ADVISERS CAN ANSWER ALL YOUR MONEY MATTER QUESTIONS AT THE EXPO.**



## **PETS AS WELL!**

To many seniors pets play an important role in their lives. There will be a special 'COMPANION CATS' display at this year's Expo. Visitors will have the opportunity to see a great variety of purebred cats and kittens, talk to breeders about the temperaments of each particular breed and find out which cats would suit their lifestyle best. All aspects of feeding, housing and maintaining a healthy companion cat can be discussed.

## **SENIORS CARD!**

Visitors will be shown how to access the seniors card website in order to find out about the latest discounts, news, events, competitions etc available for seniors card holders.

## **THE GOOD HEALTH TO HAVE IT ALL!**

**GOOD HEALTH AND FITNESS** as well as **MEDICAL ISSUES** are important for our growing 45+ community. There will be expert advice on a wide range of health issues readily available at the Expo

## **GET AWAY WHEREVER AND WHENEVER YOU WANT!**

There will be a great range of **CAMPervans** and **CARAVANS** and even state of the art fully equipped **MOTOR HOMES**. Visitors will be surprised at the luxurious nature of these vehicles and also discover just how easy it is to enjoy the freedom associated with mobile accommodation – there will be a fantastic variety for visitors to compare at the Expo.

With **WATER RESTRICTIONS** on everyone's mind people are looking at more efficient ways to use and store this valuable resource. Visitors will be able to discuss various **WATER STORAGE** options with staff at the Bushmans Tanks stand.

**IT'S SUCH A CONVENIENT 'ONE STOP SHOP' – WHERE ELSE COULD YOU FIND EVERYTHING YOU WANT AND NEED TO KNOW ABOUT RETIREMENT PLANNING AND RETIREMENT LIFESTYLE under the one roof at the one time? – ALL IN A RELAXED AND FRIENDLY ENVIRONMENT.**

**- IT COULD BETTER YOUR LIFE FOREVER -**

The **Canberra Retirement and Lifestyle Expo** promises to be LOTS OF FUN, ENTERTAINING and INFORMATIVE and visitors will be astounded at the myriad of options available to help them plan for a great retirement. **There is so much to see and do at this Expo** so visitors should plan to be there most of the day. Visitors will also have the chance to win FABULOUS PRIZES.



## **WIN WIN WIN!**

Visitors to this year's Expo will have the chance to win a **FABULOUS 7 DAY COACH TOURS OF FIJI HOLIDAY PACKAGE FOR TWO.**

The prize includes:

- Return Economy Airfares from Sydney to Nadi with Air Pacific
- 6 Night's accommodation at the Fiji Mocambo Hotel
- Fully escorted airconditioned coach touring for 5 days with Expert local guides
- All entry fees, airport transfers in Fiji and most meals

The prize is provided courtesy of **COACH TOURS OF FIJI** and **AIR PACIFIC**. Entry forms and details are available only at the Coach Tours of Fiji Stand No. 10 at the Expo.

Remember the dates – **NOVEMBER 25 to 27** and make sure you visit this fantastic Expo. You could even **PLAN FOR A GROUP OF YOUR FRIENDS TO COME TOGETHER**. There are just so many reasons that make this Expo '**A MUST VISIT**' event.

The venue for the Expo at Exhibition Park in Canberra offers excellent facilities for visitors. It's fully air-conditioned, has outlets for food and refreshments with ample seating for all. **BEST OF ALL IT'S EASY TO GET TO** and there's **FREE PARKING** for all Expo visitors.

On Saturday and Sunday there will be 4 Buses operating the **FREE SHUTTLE SERVICE TO THE EXPO** providing ample assistance for all visitors who have traditionally come to the Expo by train to Parramatta Station.

**HOURS:** The Expo Hours are **10.00 am to 4.30 pm** each day

**ADMISSION:**

Adults	\$8.00
Seniors Card/Pensioners	\$6.00
Accompanied Children	FREE

(all prices include GST)

**The Canberra Retirement and Lifestyle Expo is officially sponsored by  
ACT GOVERNMENT**

**and proudly supported by**

**WIN Television  
Radio 2CC Canberra**

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